

DINING ROOM LUNCH MENU

SERVED 11:00 AM TO 1:30 PM

Organic Soup and Salad Bar...\$6

SANDWICHES

Synergy Burger.....\$8
8 oz. Choice burger
add cheese.....\$9

Smothered Chicken
Sandwich.....\$8
Grilled chicken breast
topped with grilled onions,
mushrooms and Swiss cheese

Iowa Pork Tenderloin.....\$8
Grilled or breaded

Mile High
Reuben.....\$8

COOL & CRISP

Santa Fe Chicken Salad.....\$9
Deep fried tortilla filled with
greens, cheddar cheese, bacon,
tomato, marinated chicken breast,
honey mustard dressing

Carousel of Fresh Fruit with
cottage cheese.....\$7
With chicken or tuna.....\$8

Chef Salad.....\$9
Crisp greens, Italian salami,
American cheese, ham, turkey
and your choice of dressing

Club Sandwich.....\$9

All sandwiches are served with French fries or chips
Add soup and Salad Bar for \$1.95

CHEFS FAVORITES

Executive Steak Sandwich...\$12 Chicken Alfredo.....\$10

Baked Lasagna.....\$8 Grilled Chicken Quesadillas...\$9

Coffee.....\$2 Milk.....\$2 Tea.....\$2 Juice...\$2

NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Products containing nuts and peanuts are stored in this kitchen and may come in contact with other food items.

